

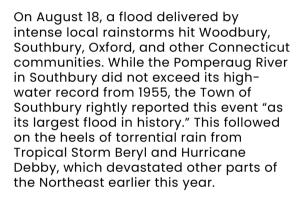
2024 ANNUAL POMPERAUG RIVER



Protecting Water Resources for Generations

FLOODS OF THE FUTURE AND WHAT WE NEED TO DO ABOUT THEM

By Pomperaug River Watershed Coalition Staff and Tim Palmer, author of "Seek Higher Ground: The Natural Solution to Our Urgent Flooding Crisis"





TIM PALMER

South Brook overtopping Trolley Bed Road, Woodbury, CT (August 19, 2024)

The losses from the recent flood in Connecticut have been costly and heart-breaking for all who are directly involved. There is no doubt that the needs of our community members call for immediate generosity in relief and recovery. However, we must also look forward to improving our response to future climate disasters, which are destined to become more frequent and severe. While denial of continuing hazards may seem easy once the horrors of a flood wane, this approach will only cause our communities more hardship in the future.

The National Center for Atmospheric Research has forecasted that extreme storms will multiply by up to 400% by the year 2100. The First Street Foundation, a non-profit research organization working to define America's flood risk, reported that our warming climate will cause flood damages to swell from \$20 billion in 2021 to \$32 billion by 2051. Floods of the "100-year" magnitude (meaning a 1 in 100 or 1% chance of it happening in any given year) now occur along some streams every few years, and sometimes multiple times per year, such as those in Connecticut and Vermont in 2011, 2023, and 2024. With this knowledge, we need to prepare for the greater storms of tomorrow.

Immediate help after the waters recede is essential for flood victims to recover, but we must also focus on preventing future flooding damage by urging for the protection of floodplain open space, prioritizing the installation of larger road-stream crossing infrastructure (culverts and bridges) to handle higher streamflows, and limiting impervious surfaces (paved areas) that inhibit stormwater from soaking into the ground naturally. Each and every flood should be a reminder that our communities need to put a greater focus on preventing future flood losses rather than waiting for damages to occur. Our safety depends on it.

For more information on how you can help reduce the impacts of stormwater in your community, see page 2.

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Contact Us:

Pomperaug River Watershed Coalition

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BE RIVER SMART!

Learn how at riversmartct.org

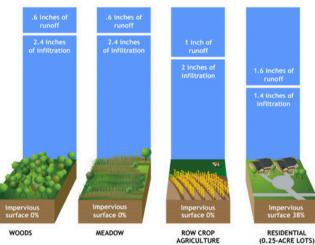
HOW DOES DEVELOPMENT AFFECT STORMWATER?

Man-made structures like **buildings**, **parking lots**, **sidewalks**, **driveways**, **and patios**, **are forms of impervious surfaces**, meaning that they prevent water from soaking into the ground naturally. Water that is not absorbed into the ground is called **runoff**. In developed areas, water cannot make its way into the ground naturally because of the addition of impervious surfaces. During a storm, this can cause large volumes of water to accumulate and move across the landscape at a rapid rate. In this way, stormwater runoff can quickly cause a severe flooding event that poses a risk to individuals and property.

The graphic below demonstrates how different development patterns affect the amount of rain that can be absorbed during a storm. Again, "runoff" refers to water (in this case rain) that *cannot* be absorbed into the ground while "infiltration" refers to water that *can* be absorbed naturally into the ground.

HOW CAN RUNOFF BE MANAGED?

Stormwater runoff can be managed by intentionally creating places for water to soak into the ground to offset the addition of impervious surfaces. An example of an area that can be created to absorb stormwater is a rain garden. Unlike storm drains, which discharge stormwater and contaminants directly into nearby streams (which can increase flooding along waterways), rain gardens and other green spaces allow water to soak into the ground. This process filters the stormwater and recharges the groundwater supply, where private wells and public water utilities draw drinking water from.

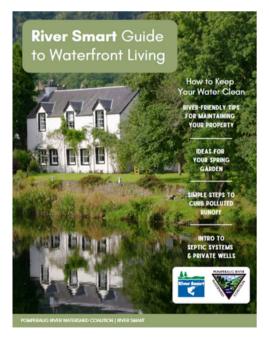


WHERE CAN I LEARN MORE?



Led cooperatively by **Pomperaug River Watershed Coalition**, Housatonic Valley Association, Kent Land
Trust, Northwest Connecticut Land Conservancy, Rivers
Alliance of Connecticut, and Farmington River
Watershed Association, the **River Smart CT** program
provides CT residents with the information they need to
create areas to naturally absorb and filter runoff.

PRWC has recently completed a major update of the River Smart website (riversmartct.org) to improve user experience and provide updated resources on topics like reducing polluted runoff, conserving water, limiting chemical use, and more.



Thanks to generous grant funding from the Long Island Sound Stewardship Fund, PRWC was able to create and distribute a 12-page River Smart Guide to Waterfront Living this past spring.

You can access this guide online through the River Smart website, or you can pick up a hard copy at your local library or land trust!



Show your commitment to reducing stormwater runoff by making the **River Smart Pledge** at riversmartct.org/pledge!

NOTE FROM THE DIRECTOR



Carol Haskins, Exec. Dir.

It's that time of year when we hang up our waders, put away our kayaks, pack up our nets, and hunker down at our desks to compile the data we have collected, reflect on the impact we have made, and plan for our next field season. This is the time where we use our research to identify actions that will help protect your community's water resources, write grant proposals to fund the implementation of those actions, and share the importance of these actions to residents and leaders as we continue to advocate for the long-term health of local rivers and drinking water.

Over the winter, we will be reviewing data on more than 200 culverts and bridges, which our outstanding Dr. Marc Taylor Interns – Harry Harwood and Imani Rodriguez – collected this summer. That data will be reconciled with municipal records on infrastructure damaged during the August 18 flood to help prioritize which road–stream crossing structures are in the greatest need of repair or replacement to protect aquatic life and the safety of our watershed residents. Our Community Engagement Coordinator – Olivia DiPalermo – will also be gearing up for new riparian buffer and rain garden planting projects, planning clean–up events to clear trash and debris deposited by the flooding, and organizing more paddling events to remove invasive European water chestnut, because the 155 bushels (nearly 2 tons) of this plant that we removed this season was just the beginning!

This winter, our Board and staff will also be reviewing community survey and stakeholder interview responses, program evaluation data, the vision of our founders, and emerging threats to water to inform an updated strategic plan for the organization. We look forward to unveiling that plan and reaffirming our vision, missions, and goals as we kick off our 25th Anniversary Celebration. In the meantime, I can assure you that we remain committed to protecting the water in your community and know that we cannot do this critically important work without you. Your support strengthens PRWC's ability to conduct meaningful research, implement restoration measures, cultivate stewardship, provide education programs, and advocate for actions that will protect water resources for generations.

PRWC'S 25TH ANNIVERSARY CELEBRATION APPROACHES

PRWC will be celebrating the 25th Anniversary of its incorporation as a non-profit organization in 2025, but as some may know, we have actually been around a bit longer than that! The Pomperaug River Watershed Coalition came together in 1999, when local watershed residents formed a coalition to protect and preserve the Pomperaug River Watershed, which provides vital habitat for fish and wildlife as well as essential source of drinking water, endless scenic beauty, and recreational opportunities to area residents.



Founders Marc Taylor, Larry Pond, & Dick Leavenworth

The Coalition's founders – Dr. Marc Taylor, Larry Pond, and Dick Leavenworth (pictured above) – saw that the watershed was beginning to be seriously threatened by land development and possible diversions of water out of the watershed. They were concerned about the effects that land development would have on water quality and whether there was enough water available to support this and future development. As such, they created a partnership of stakeholders to protect this precious, irreplaceable resource.

From the beginning, PRWC has worked closely with local municipal agencies, businesses, environmental organizations, and residents as well as regional, state and federal agencies and professional scientists to identify and implement measures to protect the health of the Pomperaug Watershed. Today, the Coalition is widely known as a model of scientific research and cooperative effort. PRWC's staff and volunteers work daily on water-related scientific research projects, policy-making initiatives, conservation and restoration projects, and community education programs – all of which are advised by good science and conversations with our community partners.

Stay tuned for an announcement of special events as part of our 25th Anniversary Celebration!

TRACKING TRAPA NATANS

PRWC's Fight Against Invasive European Water Chestnut

European Water Chestnut (*Trapa Natans*) is an invasive aquatic plant, originally brought to the United States in the late 19th century. This plant has spread rapidly along the East Coast, outcompeting native plants for space and nutrients, and now threatens the health of many of CT's rivers and lakes. It was first identified in the Pomperaug River Watershed at Lake Stibbs (Southbury Training School Pond) in 2016 by field staff of CT DEEP's Inland Fisheries Division. PRWC has been working to control its spread in Lake Stibbs and downstream since 2020.

Thanks to generous grant funding by the Southbury Community Trust Fund (through CT DEEP's Aquatic Invasive Species Control Grant Program) PRWC was able to prioritize **tracking and removing invasive water chestnut** during the 2024 summer field season. PRWC efforts support its goal of restoring the health and recreational function of Lake Stibbs and preventing invasive water chestnut from impacting areas downstream in the Pomperaug River and Lake Zoar.







To provide an updated scope of the spread of invasive water chestnut downstream of Lake Stibbs, a **stream walk survey** was planned. Over 4 days, PRWC's Marc J. Taylor summer interns walked 1.5 miles of Transylvania Brook documenting the location and condition of water chestnut and removing as much as possible. Thousands of chestnut seeds and 35 water chestnut plants were documented and removed during this stream walk.

A similar documentation strategy was employed for sections of the lower Pomperaug River and Lake Zoar via kayak through 3 **paddling programs**. These paddles resulted in the removal of 4 bushels of water chestnut from the lower Pomperaug River and Lake Zoar.

These paddles also resulted in the identification of a well-established patch of water chestnut in the lower Pomperaug River that will need further attention to remove fully.





PRWC volunteers, interns, and staff were successful in removing over 147 bushels (approximately 3,800 lbs.) of European water chestnut plants and seeds from Lake Stibbs through four invasive water chestnut **hand pulling days** in June and July 2024.

For more information on this project, to view interactive maps of PRWC's field observations, or to report an invasive water chestnut observation near you, visit our project storymap at: **pomperaug.org/scientific-reports.**

ANNUAL GRATITUDE REPORT

Thanks to our Fiscal Year 2024 Donors

On behalf of the PRWC Board of Directors, staff and volunteers, we extend a heart-felt thank you! As we continue our work, please know we fully recognize and truly appreciate your generous support. Your support is recognized for gifts between July 1, 2023 and June 30, 2024.

Sustainer >\$10,000

Anonymous Connecticut Water Company Lucinda Hunt & Daniel Stowell Marital Trust Town of Southbury Town of Woodbury

Hero >\$5,000

CPV Towantic Valerie Friedman New Morning Market Jan Taylor*

Champion >\$2,500

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Advocate >\$125

Helen Blanchard David Breen Thomas & Mieke Crider Olivia DiPalermoA Melanie Dugas Peter & Dorothy Galant Jesse Langer & Chloe Taylor Joy Maini John Merrill Elisabeth Millspaugh Arthur & Elaine Milnor Panera, LLC Fred Sell Christopher & Christine Wood Mikaya Yamamoto

Steward >\$60

Anonymous Basil & Jayne Adair Cox* Karin & Stuart Adams Regina Badura & Egbert Most Heather Bartlett^ Alicia Bennett Bethlehem Land Trust Kathy Bower Jason & Lauren Buchsbaum Canfield Corner Pharmacy David & Carmen Carlson Deborah Chambers^ Claudia Cuchara* Vincent DeLuise Louise DiPalermo Kathleen Doyle Elaine Feldman* Suzanne Cottone & Thomas Ford

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Annie Fowler Ellen Fox^ Deborah Fuller Carol Haskins*^ **Kevin Holmes** Thomas Hook Helana Hoover-Litty & Chuck Litty John Jenney John & Catherine Lacadie Donna Lesch Nancy Liedlich Samuel Lillianthal Tom & Beth Rickart **Barbara Roberts** Dr. Michael Rosen Catherine Skinner Stephen Sollev Lydia Straus-Edwards Hugh & Diane Sullivan Don Tibbals Bob & Pat Ueberbacher James VanDerBeek Lynn Werner

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Special **Acknowledgements**

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^Gifts in Honor

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ANNUAL GRATITUDE REPORT

Thanks to our Fiscal Year 2024 Donors

Helper <\$35

Jen Bappe Henry Bissonnette Sharon Botelle-Sherman^ Mike & Lisa Carbonneau Ila Cox* John Diehl Vincent DiPalermo Aiden DiPalermo **Bob DuBois** Sarah Edelson Baskin Kate Hennessy Janice Joseph Donald Julian^ Patricia Kugeman Robin Ladouceur Gosia Liedlich Megan L Litwinczyk Robert McCarney Sara Merrick-Albano Janaki Pierson Jovce Rousseau Peter & Barbara Rzasa **Ivv Siwik** Courtney Smith Charles Solla Elisabeth Thorpe Linda Thorpe Piper & Darcy Thurrott* Anne Urkawich Catherine Urso Abby N. Wells Joseph Welsh Tom Wilkas

Gifts In-Kind

Jame & Mary Wren*

Abrash Galleries, Rugs, & Antiquities Ace Hardware of Woodbury Al Avitabile Mark Bappe Charles Bartlett Black Hog Brewing Co. Casper's Wine & Spirits Clapp & Tuttle Custom Framing Connecticut Science Center Dash n' Drizzle Olivia DiPalermo Earth Tones Native Plant Nursery & Landscaping Eastern Water Solutions El Camion Mexican Restaurant Woodbury Floral Designs Paul F. Elsenboss, III

Gifts In-Kind (con't) Fannie's Nail Spa Ann & Michael Feinberg Flanders Nature Center & Land Trust Frank Talarico & Son, Inc. Carol Haskins Ion Bank Heritage Hotel, Spa, Golf, & Conference Center Highfield Country Club Interstate Aviation, Inc. Jade Garden Asian Restaurant LabBonne's Market Litchfield Distillery Livin' Country Local Gourmet March Farms Mattatuck Museum Mercato Italian Kitchen and Bar Middlebury Fine Wine & Spirits Mix Prime Stakehouse, Fish, & Sushi Bar

Mohawk Mountain New Morning Market **Newbury Place** Nutmeg Fine Wines and Spirits Ovens of France Palace Theater Tim Palmer

and Waterpark Salon Bella Salon Odette San Remo Restaurant Savor Fine Foods Soulbury Southbury Baking Company

Quassy Amusement Park

Stepping Stones Museum The Adventure Park The Carousel Museum

The Garden / Dietrich Gardens The Hidden Acorn

The Institute for American Indian Studies

The Museum of Fire History The Tavern at Heritage Hotel Villarina's Pasta & Fine Foods Waterbury Symphony Orchestra

West Egg Bakery & Café Anne Westerman

Christopher Wood Woodbury Brewing Company

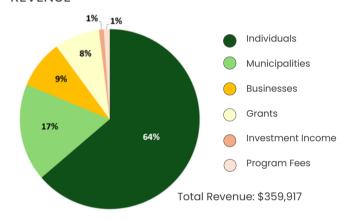
Woodbury Pewter

PRWC would also like to extend a special thank you to our environmental and community partners and all of our dedicated volunteers. We could not do this critically important work without your help! THANK YOU!

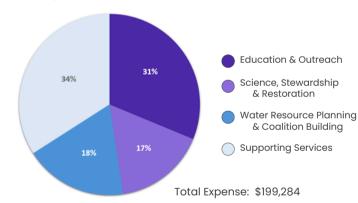
FISCAL YEAR 2024 FINANCIAL SUMMARY

The charts below display a preliminary summary of our revenue and expenses for the fiscal year ending June 30, 2024. Each revenue category is critical for us to be successful in our mission. The expense summary shows how we utilize funding support for our core areas of work. In FY 2024, we restructured our operations and strengthened our organizational governance which is reflected in our expenses. We also received an extraordinary legacy gift which is reflected in our revenue.

REVENUE



EXPENSE



STAFF

Carol Haskins **Executive Director**

Olivia DiPalermo Community Engagement Coordinator

Amanda Kopec Bookkeeper

BOARD OF DIRECTORS*

Bob Travers Chair

Jeff Davis Vice-Chair

Anne Westerman Treasurer

Lisa Turoczi Secretary

Charles Bartlett Mary Connolly Diane Fountas Andie Greene Jesse Langer John McDonald John Pittari Dan Slywka

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*As of September 25, 2024

A LEGACY OF GIVING

To all conservationists, may we continue your legacy.

Have you ever wanted to cast a stone across the water to see how far the ripples can reach? Longtime friend and former Pomperaug River Watershed Coalition Board Member, **Lucinda (Cindy) Hunt-Stowell** (1941–2014) and her husband **Daniel Stowell** (1939–2023) did just that when they chose to leave a portion of their estates to PRWC upon their passing.

In her role as Board Treasurer, Cindy was particularly passionate about organizational sustainability and wanted to ensure PRWC had a well-established endowment fund to support current and future operations. As such, she and Dan established a trust to benefit PRWC and other organizations they cared for. They also named PRWC as a beneficiary in their wills. Together, Cindy and Dan knew they would leave a strong legacy with gifts totaling over \$230,000. By dedicating over \$170,000 of their total giving to PRWC's endowment fund, they ensured their action would have far-reaching effects. We wish to thank the Hunt-Stowell family for their incredible generosity and steadfast support of our mission to protect water resources in our watershed community for generations to come.

For information on how to include PRWC in your estate planning, to make a gift to PRWC's Endowment Fund, or to make gifts of securities and assets, please call Carol Haskins, Executive Director, at 203-263-0076.



Cindy Hunt-Stowell, former board member and treasurer, and husband Daniel Stowell pictured at PRWC's 10th Anniversary Celebration held at Mill House Antiques (2010).

PLANT WITH A PURPOSE

PRWC would like to thank all that adopted plants through our Adopt-a-Plant fundraiser and those who volunteered their time to plant them! With your help, PRWC added 31 new native perennials and shrubs to the riparian buffer along **Lake Stibbs in Southbury** in May 2024 and supported planting 24 native shrubs in a washedout streambank area along the Pomperaug River at **Three Rivers Park in Woodbury** in early November 2024.

Riparian buffers, or vegetated areas along lakes and streams, play an important role in protecting our waterbodies by preventing streambank erosion and trapping pollutants. In this way, those who have supported our riparian buffer planting projects have helped to protect local water quality in addition to providing food and habitat for pollinators and other native species!

Next spring, with your help, we hope to restore the Community House Park Rain Garden that was destroyed in the August flood.





Thank You to Our Supporters:

Kathy Bower Sandy Carlson* Thomas Crider Louise DiPalermo Olivia DiPalermo Kathleen Doyle Melanie Dugas Carol Haskins Megan Litwinczyk Lesa Peters* Erin Siefert* Charles Solla Joseph Welsh Anne Westerman

*Gifts in Memory or Honor of: Sandra Isbell Wiley Carlson, Mary Connolly, & Annie Musso

PRWC would also like to thank Earth Tones Native Plant Nursery & Landscaping for their in-kind support for these planting projects.



COMMUNITY-BASED RESEARCH

PRWC's research evaluates the effectiveness of restoration activities and supports decisions for preserving and improving the quality of our local water resources.

Learn more at www.pomperaug.org/monitoring

Ambient Water Quality Monitoring

Since 2019, PRWC has sampled streams throughout the watershed each month from April to October **for bacteria and nitrate to assess water quality conditions.** By sampling for *E. coli* bacteria and nitrate, PRWC is able to characterize sources of water pollution in the watershed and identify areas for potential restoration projects to improve water quality conditions.



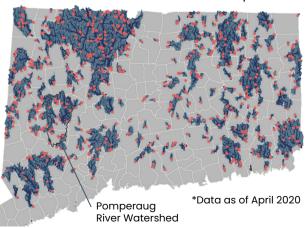
Streams Monitored (2024):

Carmel Hill Brook, Peter Road, Woodbury
East Spring Brook, Nonnewaug Road, Bethlehem
Lewis Atwood Brook, Lynns Corner Rd, Woodbury
Nonnewaug River, Minortown Road, Woodbury
Nonnewaug River, Falls Road, Bethlehem
Nonnewaug River, Quassuk Road, Woodbury
Pomperaug River, Poverty Road, Southbury
Pomperaug River, S. Pomperaug Ave, Woodbury
Pomperaug River, Oakdale Manor, Southbury
Sawmill Brook, Rowley Road, Woodbury
Sprain Brook, Papermill Road, Woodbury
Transylvania Brook, East Flat Hill Road, Southbury
Weekeepeemee River, Jacks Bridge, Woodbury
Weekeepeemee River, Chohees Trail, Woodbury
Wood Creek, Arch Bridge Road, Bethlehem

Stream Temperature Monitoring

For over a decade, PRWC has been **installing data loggers at local stream sites to measure stream temperatures** between June and August - the warmest months of the year when flows are often the lowest. PRWC shares its thermal data with CT DEEP to help inform their water quality standards, fish habitat assessment, and stream habitat restoration efforts. When combined with data from fish community sampling, thermal data can be used to identify the presence of cold-water habitats, which are essential for supporting cold-water species such as native brook trout.







Streams Monitored (2024):

Bullet Hill Brook, Ewald Park, Southbury
Carmel Hill Brook, Marzahl Refuge, Woodbury
East Spring Brook, Nonnewaug Road, Bethlehem
Good Hill Brook, Grassy Hill Road, Woodbury
Nonnewaug River, Route 47, Woodbury
Pomperaug River, Poverty Road, Southbury
Pomperaug River, Bent of the River, Southbury
Pomperaug River, Middle Quarter, Woodbury
Sprain Brook, Papermill Road, Woodbury
Weekeepeemee River, Woodcreek Road, Bethlehem
Wood Creek, Arch Bridge Road, Bethlehem

Join Our Stream Team!

Volunteers are essential for supporting our ongoing efforts to monitor the health of our streams. If you are interested in getting involved in any of our community-based research initiatives, visit www.pomperaug.org/volunteer.

Road Salt Monitoring

In winter 2023/2024, PRWC piloted a **sodium-chloride** (**road salt**) **monitoring program** as a partner of the Izaak Walton League of America's Salt Watch™ program. To monitor the impacts of road salt in our watershed, PRWC selected a few streams near large, paved areas to test for salt contamination. Too much salt is a concern for many freshwater species including trout and macroinvertebrates. Road salt is also growing concern for groundwater contamination, especially when used for drinking water by individuals with high blood pressure. This program will be expanded to include 8 sites this winter to help identify areas that may need to be salted more responsibly in the future.

Streams Surveyed (2024):

Bullet Hill Brook, Ewald Park, Southbury Pomperaug River, Heritage Road, Southbury Pomperaug River, Cedarland Park, Southbury



Macroinvertebrate (RBV) Survey

Since 2006, PRWC has conducted **annual Macroinvertebrate Surveys** each fall following a protocol by Connecticut Department of Energy and Environmental Protection (DEEP) for **Stream Riffle Bioassessment by Volunteers (RBV)**. In these surveys, PRWC searches streams for pollution sensitive macroinvertebrates, or small organisms that cling to rocks in river riffles, to help assess water quality. Finding four or more of the 'most wanted' organisms at a site can help CT DEEP document the stream as having excellent water quality.





CT DEEP's 2023 RBV Program Report is now available!

This report includes data from survey teams across Connecticut, including data collected and submitted by PRWC in the 2023 survey season. You can check it out at pomperaug.org/scientific-reports!

Streams Surveyed (2024):

East Spring Brook, Nonnewaug Road, Bethlehem Good Hill Brook, Grassy Hill Road, Woodbury Lewis Atwood Brook, Lynns Corner Road, Woodbury Sprain Brook, Papermill Road, Woodbury South Brook, Middle Quarter Road, Woodbury



Pomperaug River Watershed Coalition

39 Sherman Hill Road, C103 Woodbury, CT 06798 info@pomperaug.org

Annual Gratitude List Inside!



WATERSHED NEWS

PRWC | Protecting Water Resources for Generations

Every Drop Counts

Each time you drink a glass of water, wash your hands, prepare a meal, walk past a tree, or watch the rain fall, you're experiencing the **importance of water**. Whether it is supporting human consumption or ecological functions, water is an essential ingredient for life.

Your year-end gift to PRWC helps protect the rivers you love, your drinking water, and the water you use every day.

Your financial support **makes a difference**. Donations may be made online, by phone, or by mail (remittance envelope enclosed).



www.pomperaug.org/give